

26th Annual



5K

&

1 Mile Run

Sunday

May 20, 2018

Preregistered runners are guaranteed T-shirts.
Make checks payable to: West Side School PTG

Mail registration form to:

West Side Run
West Side School
1597 Laurel Hollow Road
Syosset, New York 11791
Attn: Cat Bauer

FEE: Preregistration: \$20.00 for 1 Mile or 5k

Day of Race: \$25.00 for 1 Mile or 5k

Preregistered runners may pick up T-shirt and race numbers on Saturday, May 19, 2018 between 6:00-8:00pm. You can also Register as well. Check in Sunday for 1 Mile/5K 8:00am.

Directions to West Side Run

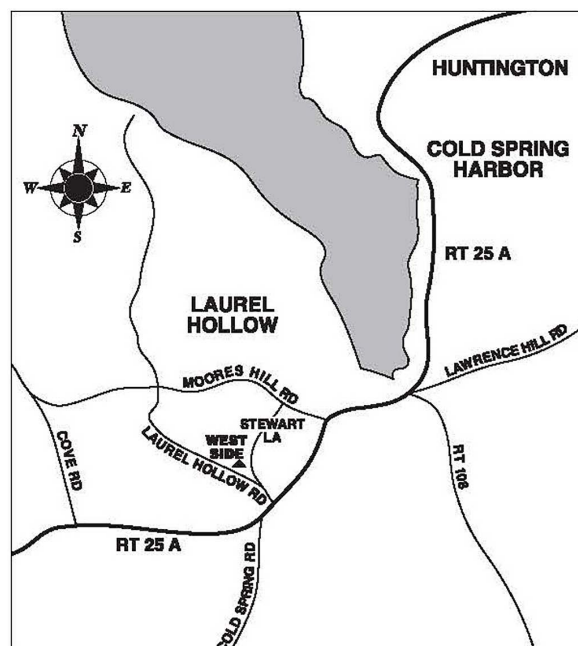
The West Side School is located just one block north of Route 25A in the village of Laurel Hollow, Syosset, NY.

From the West

Take the LIE or Northern State to Route 106. Turn left - North, to Route 25A, Northern Blvd. Turn right - East, on 25A. Continue for 3.2 miles, just past the 4th traffic light, turn left onto Laurel Hollow Road (don't go down the hill on 25A). Follow the signs to the parking area.

From the East

On 25A continue through Huntington and Cold Spring Harbor past the Fish Hatchery, on left, and the Cold Spring Lab, on right, up to the top of the hill on 25A. Turn right on Laurel Hollow Road at the hilltop, *before* the traffic light. Follow the signs to the parking area.



Application Form

I, intending to be legally bound, hereby, for myself, my heirs, my executors, my administrators and assigns, do hereby waive and release any and all rights and claims for damages I have against the West Side School Parent Teacher Group Inc., Cold Spring Harbor Central School District, the Village of Laurel Hollow, the Syosset Bay Fire Department, Just Finish Inc., their representatives, employees, agents, successors and assigns for any and all injuries suffered by me in the West Side Run of May 20, 2018. I attest and verify that I am physically fit and properly trained and conditioned to run the 1 mile and/or the 5k (3.1 miles).

NAME _____ Email _____ PHONE _____

ADDRESS _____ TOWN _____

ZIP _____ AGE (as of race date) _____ SEX _____

EVENT: 5k \$20.00 1 M \$20.00 PHYSICALLY CHALLENGED

APPLICANT SIGNATURE (Parent, if under 18) _____ *Fill out race application, detach and return with check.*